

You're invited

# **Good 2 Talk**

## **Information Session**

# **Part of York U's**

## **Let's Talk**

## **Mental Health Day**

This fall, the Ministry of Training, Colleges and Universities launched Good2Talk, a new bilingual, confidential and anonymous helpline where Ontario's postsecondary students can receive professional counselling, mental health information and referrals.

To learn more about the Good2Talk service and how it can support students with a variety of issues and concerns, please join us for a one-hour presentation and discussion led by Good2Talk's Partnership Coordinator, Fiona O'Connor.

This event will introduce York staff, students, and faculty to Good2Talk –how the helpline works, who it's for, and the kinds of services it offers—and provide an opportunity for you to ask any questions you may have about the helpline.

January 28th, 2014  
10am - 11am OR 2pm-3pm  
TEL 1014

RSVP today at: [zylsk353@yorku.ca](mailto:zylsk353@yorku.ca). Space is limited, so please indicate your session of preference.

Please Note: These sessions will be recorded for future use as a resource.

Students, faculty and staff are encouraged to participate.